

*"We do not die; we are a spirit and a dream  
that will always be here."  
Army*

# **Dr. Arnold Perry Mindell**

**01.01.1940 – 10.06.2024**

With deepest sadness, love, and gratefulness  
for his beautiful and generous life.



Founder of Process Oriented Psychology, author of 23 books, physicist, and former training analyst at the C.G. Jung Institute. Together with his students, he founded FG POP (Forschungsgesellschaft für Prozessorientierte Psychologie) in 1982 in Zurich and pioneered such concepts as the "Dreambody," and "Worldwork."

A father, friend, and brilliant teacher to thousands around the world, known for his joyful spirit, constant research, and intense drive to make the world a better place for all.

He will live on in the hearts of his wife Amy Mindell, children Lara Gmür-Mindell and Robin Mindell, grandchildren Aurelia and Zoey Mindell, and everyone who loved him.

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